

Te Hiringa o Te Wai

New Zealand Certificate in Foundation Skills Level 1

Free 20 week programme

This qualification allows students to explore their own culture and own areas of interest, to gain awareness of their own self. It aims to provide a good foundation for youth to progress in education and life, and supports skill development as they prepare for employment. Literacy and numeracy standards are embedded into the programme to provide the opportunity for learners to obtain the necessary unit standards for NCEA.

Graduates will be able to

- Identify and develop self-management and resilience strategies to organise personal life, maintain wellbeing and continue learning.
- Interact appropriately with people from their own and other cultures, individually and in group environments, including work and community.
- Apply basic skills in literacy and numeracy and digital technology, as well as a range of other literacies, in structured and familiar contexts.
- Identify leadership qualities of a rangatira and reflect on how these relate to their own strengths, personal goals and future pathways.

2024 intakes

- Term 1: 5 February and 11 March
- Term 2: 29 April and 4 June
- Term 3: 22 July and 26 August
- Term 4: 14 October and 18 November

Entry criteria

- 16-24 years of age at enrolment (15 years with exemption certificate)
- NZ citizen or permanent resident
- Not enrolled elsewhere

Additional pathways

- NZ Certificate in Foundation Skills Level 2
- NCEA Level 1 and/or 2 is achievable through either pathway
- Range of ACE programmes

Enrol or enquire today!

Email education@ymcasouth.org.nz
or visit www.ymcasouth.org.nz

Y Education programmes are available in:
Invercargill, Ashburton, Christchurch, Gisborne,
New Plymouth, Oamaru, Palmerston North,
Timaru and Wanganui

Kōwae Tuatahi Module One



Ko Au Te Wai, Ko Te Wai Ko Au: My life and wellbeing

- Learners will develop their understanding of Te Whare Tapa Wha, Fonefale, and other world views with relevance to own life and wellbeing (hauora).
- Using knowledge of self and real life issues, learners will identify strategies for developing resilience and maintaining personal growth.
- Enhance knowledge about health and wellbeing issues.
- Set personal goals for health and personal life.

Kōwae Tuarua Module Two



Wai Puna Wai Ora: My value and learning

- Using knowledge of self, learners will reflect and make connections regarding their past, present, and then future aspirations.
- Using real life problems, learners will explore strategies for managing self.
- Explore strategies for safe internet use when sharing or accessing information.
- Gather information about study options for themselves and use digital skills to create original content to share with a peer or group.
- Explore the impact of study and working on finances to make informed choices.

Kōwae Tuatoru Module Three



Wai Mana Ki Uta: Giving back to my community

- Using a community and/or workplace environment, learners will learn and apply appropriate ways to interact with their own and other cultures.
- Investigate own cultural background and share with others in the group to develop cultural literacies.
- Communication skills.
- Workplace skills and attitudes. CV writing, job searching, application letters, earnings.
- Number problems, calculations - wages and budgets.
- Investigate career possibilities - various pay rates, safety at work.

Kōwae Tuawha Module Four



Wai Mana Ki Tai: My future journey

- Learners will be introduced to or further develop their understanding of the word Rangatira.
- General characteristics of Rangatira: Aroha - Tino rangatiratanga/Mana wahine and mana tāne Pono/tikanga/Tautohetohe/Kaupapa/purpose. To manaaki is to behave with an ethic of thoughtfulness, generosity, and caring for others.
- Using an investigative approach, learners research to learn about known Rangatira.
- Learners will reflect on themselves and the characteristics they have already, those they aspire to have, and create goals for future pathways.