

# NEWS FROM THE Y SOUTHLAND

JULY 2024



## NEWS YOU'LL FIND HERE:

### EDUCATION

- A successful first six months
- NZ Certificate in Foundation Skills Levels 1 and 2
- First 2024 Y graduates

### HEALTH, FITNESS & RECREATION

- Y Stadium re-opening
- Bathroom upgrades
- Congrats to Pam McKee

### YOUTH

- Colour Run
- Disability and inclusion
- Y Squads
- Get an Edge

### OMAUI CAMP

- New onsite walking track
- Environmental education programme development

[WWW.YSOUTHLAND.ORG.NZ](http://WWW.YSOUTHLAND.ORG.NZ)

# EDUCATION

# AT THE Y

## Learning your way

The Y's return to offering education has been hugely positive. In Term 1 and 2 we offered the NZ Certificate in Foundation Skills Level 1, with a number of graduates now moving on to Level 2 for the rest of the year.

In Term 3 we are offering

- NZ Certificate in Foundation Skills Level 1
- NZ Certificate in Foundation Skills Level 2
- Intensive Literacy and Numeracy (ILN)

We're creating a space where learners can be themselves, and providing numerous practical opportunities for young people to find out about employment opportunities.

We're aware that learners that come to the Y have not found school an easy ride, and we're doing what we can to ensure all learners feel comfortable, welcome, and safe to bring their full selves to class every day.

Learners are especially enjoying the twice-weekly gym sessions we provide - ensuring they look after their bodies and their mind is crucial!

We have rolling enrolments, so you can enrol at any time.

[Click here](#) to find out more.



## NEED TO KNOW

- NZ Certificate in Foundation Skills Levels 1 and 2 both start 22 July
- There are rolling intakes so you can enrol at any time
- An Intensive Literacy and Numeracy programme is also available
- Learners can also achieve NCEA
- Open to 16-24-year-olds (or 15 with an exemption certificate)

Want to know more? Email [education@ymcasouth.org.nz](mailto:education@ymcasouth.org.nz)

# HEALTH, FITNESS & RECREATION

## Stadium Re-opening

Our Y Stadium is officially modernised, and ready for community use! The opening celebration was fantastic, with hundreds of people attending our Y Carnival and checking out the (virtually) brand new space!

Stadium bookings are now available during our staffed hours, so get in touch with our reception team. A huge thank you to Community Trust South, ILT Foundation, the NZ Lottery Grants Board and the Murihiku Rūnaka and Rio Tinto/NZAS Community Development Fund for funding this project.

[Click here](#) to find out more



## Bathroom upgrades

As part of our upgrade project, we've also renovated our main gym bathrooms. We are stoked to have these spaces updated and know it will be appreciated by our members!

## Congratulations, Pam!

A big congratulations to Pam McKee, who was recognised with an Invercargill City Council (ICC) Civic Honours Award recently. Pam, who takes our senior group fitness classes here at the Y, was recognised for her contribution to social wellbeing, through her work with health and fitness for the elderly which has spanned more than 35 years! A deserved recognition!



## NEED TO KNOW

- The modernised Y Stadium is now open for community bookings
- The gym bathrooms have been renovated and updated
- Pam McKee, who takes the Y's senior group fitness classes, has been recognised for her contribution to social wellbeing with a Civic Award

Want to know more? Email [reception@ymcasouth.org.nz](mailto:reception@ymcasouth.org.nz)

# YOUTH

## Colour run a hit!

The first annual Colour Run was awesome! Held to celebrate the start of Schools' Pride Week, it was a fun, family-oriented afternoon. Big thanks to Te Rourou, One Aotearoa Foundation, South Alive and Active Southland along with numerous paint sponsors and the fire service. We'll be coming back even bigger and better next year!



## Disability and inclusion

Alongside senior students at the James Hargest Student Support Centre, and ICC, we've embarked on some awesome environmental learning that has included possum trapping and predator control, planting and much more!



## Y Squads

Y Squads are free weekly opportunities for young people to connect with activities and organisations in the community. Young people get to see what's out there, and have fun in an environment where they are encouraged to be their full selves. Check out our website for the Term 3 opportunities. Y Squads are for ages 12 to 24.

[Click here](#) to find out more.

## Get an Edge

Our first Get an Edge participants completed Level 1 and celebrated with a camp to Mavora Lakes - how good! They will move into Level 2 in Term 3, and we'll open up a new Level 1 opportunity. Get an Edge is an outdoors-based youth leadership programme, and is completely free.

[Click here](#) to find out more.

## NEED TO KNOW

- Info on Y Squads for Term 3 is available online now and enrolments are open
- We're opening up another Level 1 Get an Edge programme (an outdoors-based leadership programme)

Want to know more? Email [teens@ymcasouth.org.nz](mailto:teens@ymcasouth.org.nz)

# OMAUI OUTDOOR CAMP

## New walking track onsite

A HUGE thank you goes to the Rotary Club of Invercargill for the immense amount of mahi that has gone into developing a new onsite walking track at Omaui Camp. This is such a cool addition to the camp; allowing users a whole new opportunity for activities.

The track is approximately 300m, and this has also included planting hundreds of natives. The next part of the project is about reinstating the pond - this will be an exciting space for visiting groups.

A team from the Department of Corrections has also spent time at the camp, compacting gravel, cleaning paths and weed eating - so it's looking amazing and will be even more so come spring!

## Environmental education

The Y was very fortunate to receive funding from the Les Hutchins Conservation Foundation to develop environmental education programmes based at Omaui Camp.

Lloyd Esler, historian, environmentalist and natural history teacher, has developed a resource that will be available and promoted to schools in the coming months. Alongside this, we are planning interpretative panels, activity pages that link to curriculum, activity boxes, and a health and safety/risk management resource to simplify the process for schools.

This mahi is well underway, but if you have any requests/suggestions on this, we welcome it! Please email [jerrie.valli@ymcasouth.org.nz](mailto:jerrie.valli@ymcasouth.org.nz).



## NEED TO KNOW

- A new walking track onsite at Omaui Camp is almost ready for public use
- An environmental education programme/resource is under development, based at Omaui
- Anyone can book Omaui - simply get in touch to enquire!

Want to know more? Email [bookings@ymcasouth.org.nz](mailto:bookings@ymcasouth.org.nz)

# OPPORTUNITIES AT THE Y

## Advertise at the Y

We have two big screens that play 24/7 in our gym - giving you a chance to affordably promote your brand to hundreds of people who come into the Y. For just \$600 per year you will get

- a 15 second slot on two screens (no audio, but video and images welcome)
- your advert played a minimum of six times per hour on each screen
- every hour, 365 days a year

And you can change up your advert every quarter. To book your slot, or for more information, please email [bookings@ymcasouth.org.nz](mailto:bookings@ymcasouth.org.nz).



## Car parking at the Y

The Y has a limited number of car parks for hire, just in behind our Tay Street premises. These are available for 24/7 hire for just \$25 p/week, billed monthly at \$100 p/calendar month.

If you are interested please email [bookings@ymcasouth.org.nz](mailto:bookings@ymcasouth.org.nz).



## Evolt 360 body composition scanner

The Y has an Evolt 360 body composition scanner - an awesome piece of tech that can give you a comprehensive understanding of your body, with measurements across 40 different aspects.

For Y members scans are \$35 each or \$90 for three scans. For non-members they are \$40 per scan or \$105 for three scans.

To find out more [click here](#).

